



ECMT 2017

8th European Congress Manual Therapy

"Extremities in Manual Therapy"

September 22 - 23, 2017
Brussels Health Campus (VUB), Jette

MATHERA.be
Manual Therapy Association Belgium



Isabel Baert (B)
Chad Cook (USA)
Bart Dingenen (B)
Alison Grimaldi (AUS)
Jeremy Lewis (UK)
Filip Struyf (B)

With pre- & post congress courses

More info: www.mathera.be

Scientific committee: B. Cagnie (UGent), W. Dankaerts (KU Leuven), F. Descheemaeker (UGent), C. Demoulin (ULiège), J. Nijs (VU Brussel), L. Pitance (UCLouvain), P. Vaes (VU Brussel)

Friday September 22th, 2017

The Upper Quadrant

08u30 - 09u00 Registration

09u00 - 09u15 Welcome

09u15 - 10u00 Jeremy Lewis (UK) *Rotator cuff related shoulder pain: the (very) strong case for therapy*

10u00 - 10u45 Filip Struyf (B) *The relevance of the scapular dyskinesia*

10u45 - 11u15 Coffee break

11u15 - 12u00 Chad Cook (USA) *Unravelling the complexities of recovery:
Return to prior social, physical, emotional and psychological condition after injury.*

12u00 - 12u30 Panel debate

12u30 - 13u45 Lunch

13u45 - 14u30 Young Investigator session (5 presenters)

14u30 - 15u30 Masterclass I (4 simultaneously masterclasses, which will be repeated during every other masterclass: all participants attending the whole congress will have the opportunity to follow all 4 masterclasses ! If only participating for one day, you must chose 2 of them)

Bart Dingenen (B): *Sports-related knee pain: from science to clinical practice*

Alison Grimaldi (AUS): *Gluteal Tendinopathy: diagnostic tests, treatment and key exercises*

Jeremy Lewis (UK): *Shoulder pain: the dilemma of diagnosis*

Filip Struyf (B): *Scapular dyskinesia: assessment and implications for rehabilitation*

15u30 - 16u00 Coffee break

16u00 - 17u00 Masterclass II (identical as Masterclass I)

17u00 End and accreditation



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Saturday September 23th, 2017

The Lower Quadrant

08u45 - 09u15 Registration

09u15 - 10u00 Alison Grimaldi (AUS)

Buttock pain: a deeper exploration

10u00 - 10u45 Chad Cook (USA)

Identifying responders to manual therapy

10u45 - 11u15 Coffee break

11u15 - 12u00 Isabel Baert (B)

Pain in osteoarthritis: thinking beyond muscles and joints

12u00 - 12u25 Panel debate

12u25 - 12u45 Lifetime achievement award

12u45 - 13u45 Lunch

13u45 - 14u20 Young Investigator session (4 presenters)

14u20 - 14u30 Announcement 'Best Young Investigator's award'

14u30 - 15u30 Masterclass III (4 simultaneously masterclasses, which will be repeated during every other masterclass: all participants attending the whole congress will have the opportunity to follow all 4 masterclasses ! If only participating for one day, you must chose 2 of them)

Bart Dingenen (B):

Sports-related knee pain: from science to clinical practice

Alison Grimaldi (AUS):

Gluteal Tendinopathy: diagnostic tests, treatment and key exercises

Jeremy Lewis (UK):

Shoulder pain: the dilemma of diagnosis

Filip Struyf (B):

Scapular dyskinesis: assessment and implications for rehabilitation

15u30 - 16u00 Coffee break

16u00 - 17u00 Masterclass IV (identical as Masterclass III)

17u00 End of congress and accreditation